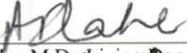
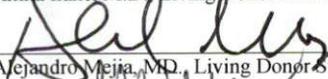
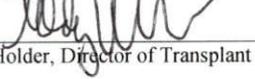


 METHODIST DALLAS Methodist Dallas Medical Center	Title: Living Donor Psychosocial Evaluation	Effective Date: 02/01/2013
	Section: Kidney - Living Donation	
Approved by:  Amna Ilahe, M.D., Living Donor Director		Revision Date(s): 06/27/2013 06/23/2020; 02/09/2021; 10/2024
 Alejandro Mejia, MD., Living Donor Surgeon		
 Melody Holder, Director of Transplant Clinical Operations		Next review Date: 10/2027

Purpose: To describe the psychosocial evaluation process for the potential living donor

Policy: The psychosocial evaluation for the potential living donor is performed prior to organ recovery. The evaluation is performed by a psychiatrist, psychologist, and/or clinical social worker (LMSW). Documentation of the psychosocial evaluation is maintained in the donor record. Key elements of the psychosocial evaluation include:

- Assessment for any psychosocial (including mental health) issues that might complicate the living donor’s recovery and identification of potential risks for poor psychosocial outcomes
- Assessment for the presence of risk criteria for acute HIV, HBV, and HCV infection according to the U.S. Public Health Service (PHS) Guideline that may have the potential of disease transmission to the recipient
- Assessment for a history of smoking, alcohol and drug use/abuse including past or present substance abuse disorder
- Identification of factors that warrant educational or therapeutic intervention prior to final donation decision
- Determination that the potential donor understands the short and long term medical and psychosocial risks associated with living donation for both the donor and the recipient
- Assessment of whether the decision to donate is free of inducement, coercion and other undue pressure by exploring the reason(s) for volunteering to donate and the nature of the relationship (if any) to the transplant candidate
- Assessment of the potential donor’s ability to make an informed decision and the ability to cope with major surgery and related stress. This includes the potential donor having a realistic plan for donation and recovery with social, emotional, and financial support available as recommended
- Review of the occupation, employment status, health insurance status, living arrangements and social support of the potential donor and determination if the potential donor understands the potential financial implications of living donation

Procedure:

- All living donors will be scheduled to meet with the social worker as part of the evaluation process.
- All non-directed donors will be scheduled to meet with the transplant psychologist.
- Additional psychologist or psychiatrist consultation may be recommended at discretion of the transplant team
- These evaluations will be presented at the Selection Committee to determine eligibility to donate at Methodist Medical Center

Reference: OPTN/UNOS Policy 14.0

Living Donor Psychosocial Evaluation
 Revision Date: 10/2024