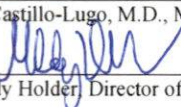


 Methodist Dallas Medical Center	Title: Annual Evaluation Policy for Kidney and Pancreas Transplant Recipients	Effective Date: 08/2026
	Section: Kidney and Pancreas	
Approved by: Richard Dickerman, M.D., Surgical Director, Kidney/Pancreas Transplant Jose Castillo-Lugo, M.D., Medical Director Kidney Transplant  Melody Holder, Director of Transplant Clinical Operations		Revision Date(s): Next review Date: 08/2029

Purpose: To describe the annual evaluation process of the potential kidney and pancreas transplant recipients on the waiting list

Policy:

Annual testing includes the following:

- Transplant nephrologist or Advanced Practice Provider evaluation
- Update of all labs obtained during initial evaluation (except CMV, EBV, VZV if previously positive, HLA, ABO) TB skin test, Quantiferon Gold test or T spot
- Measles (Rubeola) IgG, Rubella IgG, Mumps IgG (once – if not done during evaluation)
- Chest x-ray
- Complete abdominal sonogram every two years
- EKG
- Echocardiogram
- Female cancer screening:

Gynecological Consultation: per 2020 KDIGO Guidelines.

<i>Risk Level</i>	<i>Pap Smear Frequency</i>
Average Risk	Annual screening every 3 years age 21-65 with HPV test every 5 years
Over age 65	Normal tests for past 10 years, No further testing required
History of cervical pre cancer	Test every 3 years for 25 years (even if after age 65)*
Total Hysterectomy with BSO (not for cancer)	Annual screening at Ob/Gyn discretion
History of cervical cancer or HIV	Ob/Gyn consult

**Per 2019 ASCCP Guidelines*

- Females 40 years and over or with any family history of breast cancer or ovarian cancer in a first degree relative will have mammogram within the past year.
- Exceptions to this will be based on the recommendations of the patient's gynecologist.

Cardiac evaluation:

Yearly perfusion stress test or stress echocardiogram on all diabetics or patients with known coronary artery disease.

Patients who had a previous positive stress test followed by a negative cardiac catheterization, non-diabetics and patients who are non-symptomatic will require perfusion stress test or stress echocardiogram every other year if they meet the following criteria:

- Current Smoker

Or 2 of the following:

- Males >45 years
 - Females >55 years
 - Family history of ischemic heart disease in first degree relative
 - Former smoker
 - Hypertension
 - LVH
- Patients who are Hepatitis B and/or Hepatitis C positive will require annual hepatology follow up
 - Repeat of a consultation specialty if indicated
 - Reassessment by social worker yearly
 - Reassessment by dietitian yearly if BMI > 35 or tests pre frail or frail. Every two years for all other patients