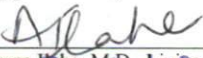
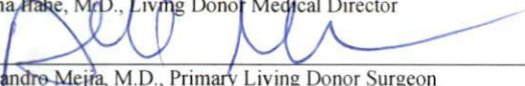
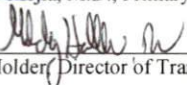
 Methodist Dallas Medical Center	Title: Living Donor Multidisciplinary Team	Effective Date: 03/31/2015
	Section: Kidney – Living Donation	
Approved by:  Amna Hake, M.D., Living Donor Medical Director		Revision Date(s): 04/2015; 12/11/2018; 09/2022; 11/2025
 Alejandro Mejra, M.D., Primary Living Donor Surgeon		
 Melody Holder, Director of Transplant Clinical Operations		Next review Date: 11/2028

Purpose: To identify team members providing multi-disciplinary care to living donors. Multidisciplinary care ensures that each donor will receive coordinated and comprehensive care from specialists with expertise in the medical, nursing, psychosocial, nutritional, advocacy and pharmaceutical fields.

Policy: All kidney donors at Methodist Dallas Medical Center will receive care provided by a multidisciplinary team consisting of a Transplant Nephrologist, Transplant Surgeon, Transplant Coordinator, Transplant Social Worker/Business Coordinator, Transplant Dietitian, Transplant Pharmacist and an Independent Living Donor Advocate. Other resources that are available as needs are identified include Infectious Disease Physicians, Psychiatrists, Psychologists, Cardiologists, Pulmonologists and Anesthesiologists.

Procedure:

Transplant Nephrologist	A physician who is an expert in kidney disease and transplantation. The Transplant Nephrologist assesses medical suitability for kidney donation, discusses the significance of donation with the donor (including the alternatives and medical complications), manages donor-related medical needs prior to donation, participates in care during the donation hospital admission, and follows donors during clinic appointments at specific time periods post-discharge. Physician Assistants and Nurse Practitioners support the Transplant Nephrologist in providing donor care. The Transplant Nephrologist is also responsible for participating in donor QAPI reviews and initiatives.
Transplant Surgeon	A physician who performs the donation surgery. The Transplant Surgeon evaluates the patient's surgical suitability for donation, discusses the significance of donation with the patient (including the risks, benefits, and surgical complications), performs the operation, monitors donors during the inpatient stay, and provides post-operative care for a defined period of time following surgery. Physician Assistants and Nurse Practitioners

	support the Transplant Surgeon in providing donor patient care. The Transplant Surgeon is also responsible for participating in donor QAPI reviews and initiatives.
Transplant Coordinator	A Registered Nurse specializing in the care and coordination of care for donors. To provide a continuum of care, Transplant Coordinators work together to ensure a smooth transition for donors between the inpatient and outpatient settings. The pre-transplant coordinators provide education regarding the donation evaluation and approval processes, center-specific data, and donor responsibilities before transplant. The Inpatient Transplant Coordinator works with donors during their donation admission to provide education to the patient and their family about medications and the dosages/schedules they will need to maintain. In addition, they provide education about wound care, laboratory schedules, and post-discharge clinic visits. The post-transplant coordinators provide nursing care to patients, maintain medical information, monitor labs and medications, and work closely with all members of the multi-disciplinary team regarding patient care issues. The Transplant Coordinator is also responsible for participating in donor QAPI reviews and initiatives.
Transplant Social Worker/Business Coordinator	A licensed, master's prepared Social Worker who assesses and assists donors and their families to understand and cope with a variety of potential problems (emotional, family, financial, and vocational) that can be associated with kidney donation and the post-donation phase. The Transplant Social Worker is available to help donors at any point in their transplant care and provide a link to resources in the patient's community. The Transplant Social Worker is also responsible for participating in donor QAPI reviews and initiatives.
Transplant Dietitian	A Registered Dietitian provides an assessment of nutritional status and an estimate of nutritional needs based on the donors assessment and evaluation. The Registered Dietitian provides a pre-transplant assessment and attends inpatient rounds with the transplant team, providing education regarding nutritional needs, restrictions, and supplements that may be necessary to optimize the nutrition status of each donor before and after donation. The Transplant Dietitian is also responsible for participating in donor QAPI reviews and initiatives.

Transplant Pharmacist	A pharmacist who has knowledge, training, and experience in transplant pharmacotherapy will work with the donor team, consulting on medications for donors during all phases of donation. The pharmacist is available to patients, physicians, nurses and other members of the healthcare team. The pharmacist assists the Inpatient Transplant Coordinator in providing additional education and teaching to donors and their families about medications when necessary. The Transplant Pharmacist is responsible for participating in donor QAPI reviews and initiatives.
Independent Living Donor Advocate	An Independent Living Donor Advocate (ILDA) who has knowledge, training and experience in donor advocacy and will work with the potential donor during all phases of donation. The ILDA will provide education to the donor, represent and advise the living donor, promote the interests of the living donor and advocate the rights of the potential living donor. The ILDA will also assist the potential living donor in obtaining and understanding information regarding the consent process, evaluation process, surgical procedure, and benefits and need for follow-up. The ILDA will respect the potential donor's decision and ensure that the potential donor's decision is informed and free from coercion. The ILDA is responsible for participating in donor QAPI reviews and initiatives.

Pre-Donation

The pre-donation phase of care begins when the donor is referred for consideration of donation. Donor undergoing formal evaluation and presentation to the Donor Selection Committee will be scheduled for a multidisciplinary evaluation that will include:

- A visit with a Transplant Nephrologist
- A visit with a Transplant Surgeon
- A visit with a Transplant Social Worker/Business Coordinator
- A visit with a Transplant Dietitian
- A visit with a Transplant Coordinator
- A visit with the Independent Living Donor Advocate
- Appointments with other specialists, as needed
- Indicated laboratory, cardiac, and radiologic testing according to the pre-transplant evaluation protocol

The pre-donation phase continues until the donor donates his/her kidney or is otherwise ruled out as a viable donor. A Transplant Social Worker, Transplant Dietitian, Transplant Coordinator, Independent Living Donor Advocate and Transplant Surgeon will be available for additional consultation as appropriate.

Multidisciplinary Donor Selection Committee

All donors undergoing a formal evaluation for donation will be discussed at the multi-disciplinary Donor Selection Committee. This meeting will be attended by Transplant Nephrologists, Transplant Surgeons, Transplant Coordinators, Transplant Social Workers/Business Coordinators, Transplant Pharmacist, Independent Living Donor Advocate, Infectious Disease and Transplant Dietitian. Other transplant specialists (i.e. anesthesia, cardiology, pulmonology, etc.) will attend upon request. During the committee, the Transplant Pharmacist will conduct a chart review to assess the patient's pharmacological needs, make recommendations, and document accordingly. Discussions and attendance at these meetings will be documented in the donor's medical record.

Donation

The donation phase of care begins when the donor is admitted to the hospital for the donation operation. Donors who are admitted to the hospital for donation will be admitted under the care of the Transplant Surgeon on-call. The donor team will manage the donor care, with recommendations from other specialists as needed. Multidisciplinary conferences will include the Transplant Nephrologist, Transplant Surgeon, Transplant Coordinator, Transplant Social Worker/Business Coordinator, Independent Living Donor Advocate and Transplant Dietitian. All members of the multidisciplinary team will assess the patient during the in-patient stay.

Discharge Process

All members of the multidisciplinary team will participate in the discharge planning process and education of donor/family. Multidisciplinary discharge plan of care and education is documented and written discharge information is provided for donor/family to take home. Medication reconciliation is completed prior to discharge.

Post-Donation

The post-donation phase begins at the time of discharge following donation surgery. All donor needs identified during the discharge process will be reviewed post-discharge by the appropriate multidisciplinary team members. Donors who are discharged following a donation will be scheduled to return to the outpatient clinic with follow-up as identified per Transplant Department policy.

Each member of the transplant multidisciplinary team listed about is responsible for participating in QAPI reviews, analysis, and improvement initiatives processes.