


 The Transplant Institute METHODIST DALLAS Methodist Dallas Medical Center	Title: Living Donor Selection Criteria	Effective Date: 06/2023
	Section: Living Donor	
Approved by:  Amna Iqbal, M.D., Living Donor Medical Director		Revision Date(s): 05/2026
 Alejandro Mejia, M.D., Primary Living Donor Surgeon		Next review Date: 05/2029
 Melody Holder, Director of Transplant Clinical Operations		

Purpose: To ensure timely and uniform selection of patients for living donor transplant surgery

Policy:

Suitability:

- Age 18 years or older
- Able to give informed consent
- Blood type compatible
- Donation must not cause financial hardship to the donor
- Donation must not cause monetary gain for the donor
- GFR by MDRD or = 85/mL/min/1.73 m²
- Good size match
- Cross match negative
- Absence of major medical problems
- Donation is voluntary and free from coercion
- MDMC will not discriminate against a potential organ donor solely on the basis of an individual's disability

Relative Contraindications

- Age 18-21, unless the potential living donor has undergone a psychological evaluation and been approved by Selection Committee to proceed with the living donor evaluation
- Obesity
- Predisposition to develop renal disease
- Women < 6 months post-partum

Absolute Contraindications

- Age less than 18 years
- Mentally incapable of making an informed decision
- Uncontrollable hypertension or history of hypertension with evidence of end stage organ damage
- Kidney stones (see Living Donor Evaluation Policy)
- HIV

- Type I diabetes
- Type II diabetes where an individual assessment of donor demographics or comorbidities reveals either
 - Evidence of end organ damage or
 - Unacceptable lifetime risk of complications
- Active malignancy or an incompletely treated malignancy that either
 - Requires treatment other than surveillance or
 - Has more than minimal known risk of transmission
- High suspicion of donor inducement, coercion or undue pressure
- High suspicion of knowingly and unlawfully acquiring, receiving, or otherwise transferring anything of value in exchange for any human organ
- Evidence of acute symptomatic infection, until that infection is resolved
- Uncontrolled diagnosable psychiatric conditions requiring treatment before donation, including any evidence of suicidality
- 24-hour urine protein >300mg/24 hours. Individuals with a total urine protein of 150-300 mg/24 hours will need albumin/creatinine ratio and may warrant additional evaluation.
- Adequate Creatinine Clearance <80cc/min
- Lupus
- Significant cardiovascular disease
- Significant liver disease
- Morbid obesity. Potential donors with a BMI of 35-39 may be accepted with the recommendation of the Transplant Surgeon.
- Ongoing substance dependency or substance abuse. Potential donors who use marijuana will be discussed/approved on an individual basis by the Selection Committee

Reference: OPTN policy 14.0

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