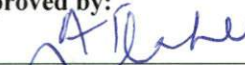

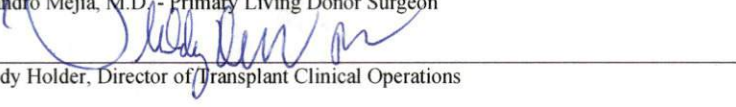
 Methodist Dallas Medical Center	Title: Living Donor Follow-Up	Effective Date: 02/01/2013
	Section: Kidney – Living Donation	
Approved by:  _____ Anna Ilahé, M.D. – Living Donor Medical Director		Revision Date(s): 02/01/2013; 01/20/2020; 06/2023; 05/2026
 _____ Alejandro Mejia, M.D. – Primary Living Donor Surgeon		
 _____ Melody Holder, Director of Transplant Clinical Operations		Next review Date: 05/2029

Purpose: To describe the process of providing follow-up for living donors and educating living donors about the process

Policy: The Living Donor Registration (LDR) Form will be completed by the transplant program on the day of discharge from the donation hospital stay or 42 days following the transplant date, whichever is first. Living Donor Follow-Up (LDF) Forms will be completed by the transplant program at 6-months post-donation, 1-year post donation, and 2 years post-donation. All LDF forms will be completed by the transplant program within 60 days of the generation date. All data submitted on the LDF forms will be obtained within 60 days before or after the six-month, 1 year and 2 year anniversary of the donation date.

Procedure:

- 1) Potential living donors will be educated about the follow-up phase of donation while they are in the evaluation phase and upon discharge from the hospital.
 - a. Part of the evaluation process by the Independent Living Donor Advocate (ILDA), the Social Worker, and the Psychologist (if applicable) will focus on the anticipated compliance of potential donors after they have completed donation. Potential donors who indicate that they will not complete the required follow-up testing will not be acceptable candidates for donation.
 - b. Part of the education provided by the ILDA, Social Worker, Psychologist (if applicable), and Transplant Coordinator includes education about the requirement of living donor follow-up and the process of living donor follow-up.

- 2) Minimal requirements for data entry on the LDF forms include:

Donor Status and Clinical Information

- Patient status
- Cause of death, if applicable and known
- Working for income, and if not working, reason for not working
- Loss of medical (health, life) insurance due to donation
- Donor readmissions since last LDR or LDF form submission
- Kidney complications
- Maintenance dialysis
- Donor developed hypertension requiring medication
- Diabetes

Kidney Laboratory Data

- Serum creatinine

- Urine protein
- 3) Post-Donation follow-up will be scheduled at 10-14 days post donation. Post-donation follow-up will include:
- UA
 - CMP
 - CBC with differential and platelet count
 - MD/NP/PA Evaluation

At the time of the post-donation follow-up visit, donors will be reminded of the need for additional follow-up at 6 months, 1 year and 2 years post-donation.

- 4) The living donor will be contacted and reminded of the need for six month, 1-year and 2-year post-donation follow-up.
- Orders will be entered for ExamOne who will contact patient to schedule a visit to their home or work to collect labs and measurements
 - Living Donors may choose to see their provider at their expense and records will be requested
 - Coordinators will review results with physician and inform patient of any recommendations
 - Transplant staff will contact patient to complete the questionnaire and answer questions/concerns

Reference: OPTN/UNOS policy 14.0 – Living Donation