

## QUALIFICATIONS FOR TRANSPLANT

### Kidney Transplant Qualifications

Patients must have:

- End Stage Renal Disease; eGFR or Creatinine clearance  $\leq 20$  or on maintenance dialysis
- Freedom from other serious diseases/infection
- Adequate financial resources
- Able to pay for medications, office visits, lodging (if applicable)
- Psychologically stable
- Stable environment with a support network

### Pancreas Transplant Qualifications

Inclusion criteria – PANCREAS OR PANCREAS AFTER KIDNEY (PAK)

- Must be insulin dependent
- Type I or II diabetes
- Body Mass Index (BMI) up to 30
- Age restrictions – generally 55 y/o or less
- No Smoking
- Must permit blood transfusions

## EXCLUSION CRITERIA

- Morbid obesity
- Active cancer (Avg. 2-5 years disease-free interval required for transplant)
- Active or chronic infection
- Irreversible cardiovascular disease
- Biopsy proven cirrhosis (kidney only)
- Current drug or substance abuse
- Irresolvable situations limiting post-transplant care/meds

### SMOKING

Smoking strongly discouraged in all;

#### Required to Quit:

- Any cardiac or vascular events (MI, PVD, Carotid Disease, amputations)
- Cardiac or Vascular Interventions (angioplasties/stents/peripheral bypasses, etc.)
- Pancreas Transplant
- Diabetic

## HIGH BMI OPTION | PATIENTS 35-45

- Laparoscopic surgery for donor and recipient
- Must have an **eligible** living donor
- Must be willing to participate in weight loss program after transplant
- Will be done on an individualized basis

## HIV TRANSPLANTS

- Patients must meet strict criteria:
  - Never converted to active AIDS virus
  - Viral load must be very low ( $<20$  or undetectable for 6 months)
  - CD4 count just right ( $\geq 200$ /mL for the past 6 months)
  - Must be on antiviral medication
  - Must be followed by an Infectious Diseases doctor